



## Erasmus+ - High Five

# Agrupamento de Escolas Trigal de Santa Maria (AETSM)

#### **Music Inclusive Curriculum**

The Trigal Santa Maria Agroupment of Schools (AETSM) Educational Project provides the creation, adaptation and implementation of innovative teaching and learning scenarios, adapting them to the educational needs of each student, using educational articulation and pedagogical differentiation, promoting opportunities for academic and educational success, promoting, in students, the awareness of their active role as a factor of change in this process.

It points out projects and activities (local, national and international) as a motivating factor and enhancer of the quality of the educational service, through the diversification of experiences leading to the integral development of students. It encourages socio-educational activities, within the scope of projects, aimed at increasing motivation, a taste for school and the acquisition of assertiveness and posture skills.

The Action Plan proposed by AETSM, within the scope of the Erasmus+ project, High Five, aims, using music, to contribute to the diversification of learning opportunities, through the planning of activities, in non-formal moments, capable of, in a transversal way to all areas, enable the development of competences registered in the Student Profile on Leaving Compulsory Schooling. Music, seen as a universal language, at the service of Education, Citizenship and Inclusion, being used for the development of Knowledge, Capacities (cognitive, metacognitive, social, emotional, motor, physical and practical), appealing to Collaborative Work, increasing knowing how to learn, to be and to be together.

### Main Goal

Through music lead students to anchieve abilities in diferente áreas, in safe, structured and inclusive learning environments, allowding new functional skills development.

#### Goals

Through Music:

- Address different contents promoting knowledge, oral and written expression;
- Develop notions of rhythm and sequencing;
- Develop attention, concentration and memorization capacity;
- Develop auditory discrimination;
- Develop awareness and mastery of the body;
- Develop creativity;
- Develop the Collaborative spirit;
- Promote Inclusion;
- Promote well-being and relaxation;
- Develop skills to identify, recognize and express emotions, feelings and states of mind;





### Activities

The activities will be developed in different contexts, through individual sessions or in small groups, with students with Special Needs. These moments are intended to act as reinforcement and/or anticipation of learning, enhancing the involvement and quality of their participation, in the moments of implementation with their own and/or with other classes.

Activities will include:

- Listening, singing and exploring song lyrics, dealing with different themes, at CAA or, at specific and significant moments, in the classroom with the class and in other contexts;
- Carry out sound relationship tasks with the respective instruments;

 Carry out exercises relating melodies and sounds with different sensations, emotions and moods;

- Perform exercises and sequences of percussion, body and others;
- Develop, create, use recyclable materials as percussion instruments.
- Conduct "Mindfulness" sessions.

#### Evaluation

The evaluation will be carried out in accordance with the defined criteria, taking into account the scope of competence areas, motivation, involvement, persistence and progress in the level of participation. Instruments such as observation records, checklists and grids, analysis of student products, subtitled photos and videos will be used.

High Five		
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Main Goal	Main GoalThrough music lead students to anchieve abilities in diferente áreas, in saf structured and inclusive learning environments allowding new funcional ski development.	
Areas	Skills	Ativities
Knowledge	Acquisition of Concepts/Knowledge Oral comprehension Writing comprehension Handling of Materials and Instruments	Individual and/or Small Group Sessions: Listen to songs alluding to the contents; sing songs alluding to different contents; read the text or parts of the text of the different songs; Write texts or words related to the theme; Explore and interpret themes. Percussion, Corporal and other workshops. Workshop: "Sound and Emotion". Workshop: "What is this sound?" Mindfulness Sessions Musical Landscapes
Information and Comunicatio	Use of Information through different means Oral expression/intervention	
Thinking and Problem solving	Curiosity Initiative Cognitive skills	
Personal Development	Interpersonal relationship Autonomy Responsibility Interaction (Tolerance and Empathy) Collaborative work Fulfillment of Know-How Rules sharing Persistence	





Aesthetic, artistic and Cultural Sensivity	Recognition of artistic and cultural manifestations Material and immaterial heritage enhancement Expressive/creative skills demonstration Various art forms productions
Health, Environement e Society	Adoption of behaviors that promote health and well-being Environmental Awareness Understanding the individual-society Relationship